

**Ultrasound Instructions**

READ ALL INSTRUCTIONS CAREFULLY

* Arrive 15 minutes prior to your scheduled appointment.
* If the doctor prescribed you any pain medications, take your prescriptions after you sign your consents.
* Please wear loose fitting clothing; such as gym shorts, or a flowing skirt.
* Vessels can constrict or get smaller making it difficult to get access to the vein, so to help prevent this please make sure you;
  + **Do not** wear your compression stockings the day of the ultrasound.
  + When you check-in the day of the ultrasound, do not sit. Continue to stand and/or walk around.
  + **NO CAFFEINE!**  It is important to eat a good meal and drink plenty of fluids prior to your test.
* ***We ask that you give 72 hours’ notice if for any reason you cannot keep your appointment.***

**I have read and understand the above instructions. I feel that all of my questions have been answered at this time. I understand that my test is scheduled for the date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. In the event I do NOT arrive at the given time, I understand that my wait time could be extended or I could be asked to reschedule.**

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Patient Name Patient Signature

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Staff Signature Date